

Fresh plea to halt Silvertown Tunnel as health fears grow

SIMON SHAW

The boring machines have arrived from Germany and are ready to start the UK's most costly road – the Silvertown Tunnel – at a cost of £2.2 billion and rising. But opposition to the project is still mounting.

Following an East London health summit in June an urgent appeal has been delivered to London Mayor Sadiq Khan calling on him to put the building work on hold.

On 11 June doctors, academics, politicians – including the Mayor of Newham Rokhsana Fiaz – and scientists addressed an audience of 80 who met to discuss the detailed environmental and painful health impacts of the project.

They agreed that Sadiq Khan, even at this late stage, should be persuaded to use his powers to pause the work and review the project altogether.

Perhaps the most heart wrenching submission at the health summit came from a Barts respiratory doctor who spoke about chronic rates of asthma in Newham and how the only thing that she can do to address the problem is to speak out publicly.

All those present emphasised that new roads will lead to even more cars and pollution, Professor John Whitelegg likened traffic to gas – it always expands to fill the space available.

He said that studies are constantly confirming, almost to the point of



Photo via www.stopsilvertowntn.com

The fossil fuel industry, the road and nuclear lobbies talk openly about ‘zones of sacrifice’ – places where working class and ethnic minority communities live.

being tedious, that road building causes death and ill health. The estimated cost to the NHS of each car on London's roads is around £8000.

Members of the National Education Union at the meeting said that teachers in the south of the Borough identify the asthma kids in each cohort, the only time the problem decreased was briefly during lockdown.

With an estimated 30 percent more cars coming into the Borough on completion of the tunnel, Newham's health emergency will only worsen.

Nevertheless, the fossil fuel industry, the road and nuclear lobbies continue to talk openly about ‘zones of sacrifice’ – places where working class and ethnic minority communities live.

On 14 June a letter agreed at the summit was handed to Mayor Sadiq Khan stressing the health risks and emphasising how the project is totally incompatible with London's air quality.

The Stop the Silvertown Tunnel health summit – with its key demand ‘our kids demand clear air’ – shows a continuing determination within the community to resist the deaths and ill health that bringing yet more traffic into our area will bring.

See Youth Voices: People unaware of Tunnel pollution threat, on page 5

www.stopsilvertowntn.com
stopsilvertowntn@gmail.com
[@SilvertownTn](https://twitter.com/SilvertownTn)

Newham developers warned over cladding and fire safety

Five years after the Grenfell Tower fire disaster, in which 72 people were killed, Newham Council has told developers they face prosecution unless they act urgently to remove unsafe cladding in blocks and complete fire safety work.

In a letter to companies, owners and developers of blocks with dangerous ACM cladding the Council said that the aim was to make the 15,000 flats they collectively own, safe for residents.

Mayor Rokhsana Fiaz said: “The Council will not tolerate any further delays to the urgent and vital life-saving work required.”

The Government has already made clear that developers should pay for repairs to unsafe cladding work.

“Here in Newham we expect developers and private owners of buildings to do significantly more,” she told developers.

“Pay for fire safety improvements and repair other fire safety defects that cladding remediation works or other surveys may uncover, or we will pursue the strongest enforcement measures against you.”

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THE SUMMER OF FUN CONTINUES...
SEE PAGES 8-9



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Looking for a career in the media? Take that Iconic Step

LORRAINE TAPPER

Young people, some of them in troubled circumstances, are being given a chance to take a step towards a media career.

Earlier this year the film-making career coaching group Iconic Steps held a five-day filmmaking course for 16 to 25-year-olds at Ruscoe Road Sheltered Accommodation in Canning Town.

Now there are fresh opportunities to join upcoming free courses for Newham residents. Three will be held during August. These are:

- Music Video Production: 1-5 August
- Documentary Production: 8-12 August
- Commercial Production: 15-19 August

The Pinnacle Group, who manage the Ruscoe Road Scheme on behalf of Newham Council, organise the events in partnership with Iconic Steps. The courses are particularly targeted at young people aged 16-21 who are at risk of exclusion or involvement in crime or have already been involved in such activity.

Victoria Ijeh founded Iconic Steps approximately 10 years ago, when she noticed the lack of diversity of people working in media and film-making. She launched Iconic, which is based in

Brixton, to provide opportunities for young people from underrepresented backgrounds in filmmaking.

Iconic Steps is an enterprise funded by five people and has a commercial arm that commissions commercial projects.

Any participant on the course will be supported by Crystal Crawford, Youth Engagement Manager. She provides careers coaching and links young people with a mentor in the media industry.

These are amazing opportunities for young people, sometimes at a disadvantage and who have considered finding employment in the media and it's free of charge.

For more information, contact Kate Fahy, Programmes Manager at kate@iconicsteps.co.uk or 07923 206 770. ●

Lorraine Tapper is a social entrepreneur working from home.



FREE training on how to write for publication



Have you always wanted to write?
Don't know if you've got what it takes?

Newham Voices is planning a FREE autumn training programme for anyone who would like to write for publication, or simply to improve their communication skills when it comes to getting a message across.

Whether you have a little experience or none, you are welcome to sign up for one of our courses. They are run by professional journalists in a friendly, encouraging atmosphere that will give you the skills you need to get into print. At the end of the short course you could end up joining our editorial panel of correspondents.

We will be offering courses online and face to face in Newham. Details will be available in the next edition, but if you are interested, we'd like to hear from you now so that we can tailor the course to meet your needs as much as possible.

Online journalism - 1-day session

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For details please contact Jean Gray at training@newhamvoices.co.uk or call 07768 317943

Child poverty crisis in Newham set to worsen

KAROLINA KRÓLICZEK

Around half of Newham's children are victims of a poverty crisis and their plight is likely to worsen in the wake of the cost of living crisis, warn anti-poverty campaigners.

Newham Safeguarding Children Partnership estimates that around 20,000 youngsters across the Borough live in poverty, that's about half of all Newham's children, compared to 37 per cent in the typical London borough, according to research by the Joseph Rowntree Foundation.

But as we await the latest figures from the End Child Poverty Coalition, local campaigners believe this may be even higher as the COVID-19 pandemic and

or working tax credits, where nearly two thirds had run up debts.

"Child poverty levels in London are terrible because the cost of housing is so high, and wages or benefit payments don't always cover these costs. Families then struggle to afford other essentials for their children," said Walters.

During the lockdown when schools were shut down, the council's free school meals knocking on low-income families' doors was the only option for many.

Now Newham's network of food banks is under increasing pressure. The East Ham Renewal programme has reported that since February, a total of 1137 individuals and families received support from their food bank, with demand

once every two weeks."

Another local resident, Catherine is a full-time mother of five, living with her partner and children in a two-bedroom flat on the 5th floor of a tower block. As asylum seekers, they have little access to public funds and they cannot work due to their resident status.

It has been tough for Catherine's family. A cold winter was followed by a long and hungry Easter break with no public support.

(Catherine's child, Damian is receiving hospital treatment for a range of illnesses and has been the subject of an appeal for special support. For donations contact James: james@miraclesthecharity.org)

Feed London, a project run by the charity Miracles provided them with Feed London's food box on the first day of the holidays to fill Catherine's fridge, including the supermarket vouchers for essentials.

East Ham MP Sir Stephen Timms,

recently knighted in the Jubilee Honours List, guided the Child Poverty Act through Parliament.

He told *Newham Voices* that there is no longer a legal obligation to eradicate child poverty following the coalition government decision to scrap the Child Poverty Act targets in 2015.

"We need to increase benefits," said Timms. "At the moment, with inflation rocketing, benefits are lower in real terms than at any time in the last 30 years. We have recommended that no family with children should be left without recourse to public funds for longer than five years – at the moment, it's often ten years."

Rachel Walters says urgent increases in benefits are needed. "We are calling for benefit payments to rise with inflation. This will ensure people receiving benefit payments can afford the essentials such as food and clothes for their families." ●



The East Ham Renewal Programme has reported that since February, a total of 1137 individuals and families received support from their food bank, with demand increasing due to the rising cost of living.

the fallout from rising living costs has left poorer Newham families struggling.

"Levels of child poverty in London boroughs are shockingly high," said Coalition coordinator Rachel Walters.

"Our data shows that in 2019/2020 half the children came from homes which may not be able to afford the basics; such as a warm coat or regular meals. Sadly, this figure dates from before the pandemic and the cost of living crisis, which we fear will have further increased poverty levels."

Save the Children estimates that living standards in the UK have plummeted for the poorest families with over a third reporting that they are worse off since lockdown and with the households claiming universal credit

increasing due to the rising cost of living.

It's the same story for many other food banks across the Borough as high unemployment, rising costs and low household incomes are having a dramatic impact on people's lives.

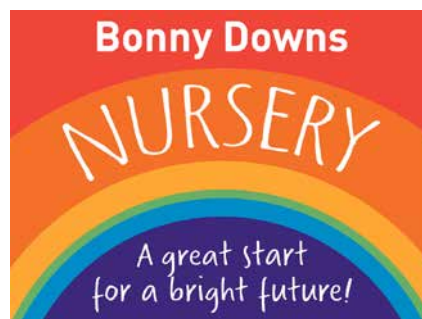
"I get free school meals from my school because my parents are divorced and my mum is on maternity leave, so she is out of employment," one 15-year-old girl told *Newham Voices*.

"During the lockdowns we got food delivered, but you couldn't make a meal out of it. It was like cereal, yoghurt and apples. It was horrible. We've been receiving one meal for me every two weeks, when they [schools] were supposed to deliver it every week. They also gave us £30 vouchers, only

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Three-year campaign to combat scourge of violence in the home

Peter Landman reports on Newham's Domestic Abuse strategy

Newham Council is pledging help and support for victims of "the scourge" of domestic violence.

Last year police in Newham recorded more than 6,700 cases of domestic abuse and now the Council has, for the first time, developed a three-year strategy to confront this crisis.

Violence in Newham homes is the third highest among the London boroughs and the strategy with action plan were developed after widespread consultation with groups and individuals representing survivors, residents and perpetrators.

The campaign in the first year will involve an information campaign providing easy to read leaflets on where people can go and how they can seek help from community support groups and official organisations.

The strategy includes a continuing commitment to consult with residents and the views of domestic abuse victims have been incorporated into the action plan and will form an essential



part of Domestic Abuse Forums that are also planned.

The Action Plan provides for family support, therapy for children affected by domestic abuse, special support for migrants, support for sex workers and

targeted behaviour adjustment sessions mainly for men with a record of domestic abuse.

There will be a specialist housing officer designated to work on the issue.

The strategy includes 12 priori-

ties with quarterly targets to measure its effectiveness. In the first year the strategy will deliver a campaign to raise awareness of domestic abuse and how survivors can access support; development of an enhanced multi-agency response; employment of specialist officers to assist domestic abuse survivors with housing; and the development of a Newham Women's Safety Plan.

"The scourge of domestic abuse has a devastating effect on families and communities," said councillor Neil Wilson, Cabinet Member for Health and Adult Social Care. "It causes continuing trauma, both for its primarily female survivors, as well as for children who are survivors or witnesses to the abuse".

He said the Council recognises that women face particular challenges because of widespread misogyny in society.

"The strategy will also incorporate preventative measures to avert violence against women and girls occurring, as well as ensuring support services are culturally appropriate for all of our communities," he said. ●

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From concept to delivery, the course will teach you the foundations and building blocks to plan and produce an event, from designing artistic programmes for different audiences to marketing, comms and event delivery. Participants will also join us as part of the crew for Ensemble Festival 2022 at the Royal Victoria Docks on Saturday 23rd July.

No previous experience or qualifications required, but participants should be interested in arts and culture and live in one of the following four boroughs: Newham, Tower Hamlets, Hackney and Waltham Forest. You must also be available to complete the free training and paid work experience on the three following dates: Wednesday 20th July, Thursday 21st July and Saturday 23rd July.

To sign up, please scan the QR code or go to:
<https://forms.gle/ySFqX5A1ZxTCbPcV9>



City stands firm on West Ham Park development

JEAN GRAY

Plans to build flats on the old nursery site in West Ham Park will go ahead without further consultation, the City of London Corporation has told local campaigners who oppose the scheme.

Representatives of the Friends of West Ham Park were recently invited to a presentation by the Corporation, trustees of the park, outlining proposals to redevelop land on the edge of the park that was previously the site of now disused nurseries.

A statement on the Friends website stresses that the representatives made sure the Corporation was aware of the strength of feeling against the scheme locally – MP Lyn Brown is among those who have expressed their concerns.

“We made it clear to the City of London that the Friends of West Ham Park are totally opposed to this proposal and that all of the nursery site should be retained as part of the park and open to public use.”

However, the Corporation was adamant that the decision to build flats will go ahead to generate income for the park, and that the only consultation with the community will be around what happens to the 50 per cent of the site that is to be made available for public amenities, such as a cafe.

A series of public consultation events will be held around the park over the coming year before a final ‘master plan’ is agreed by the Corporation next summer 2023.

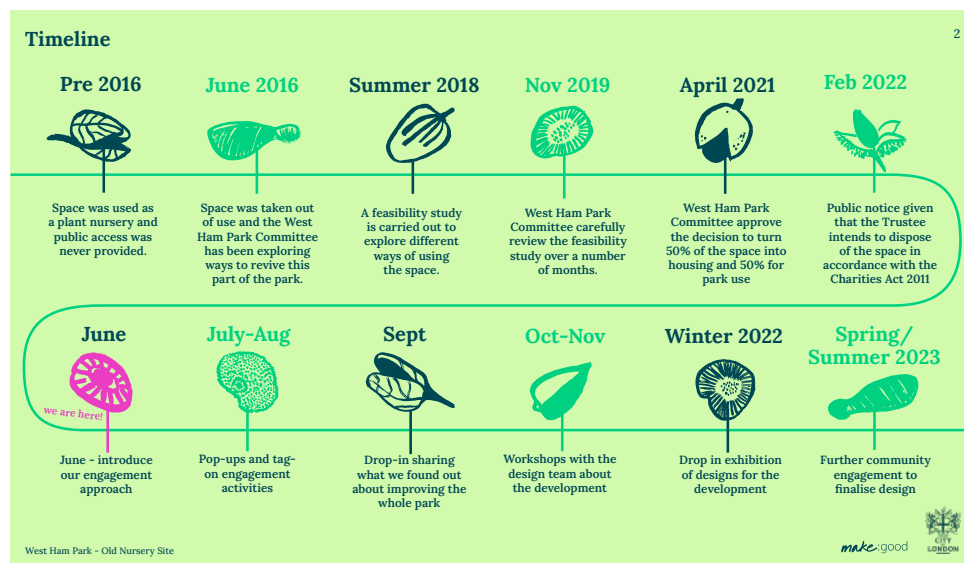
Campaigners claim the park – the biggest in Newham – provided a lifeline during the lockdown, attracting more local people than ever, in what is already “a densely populated area” that can ill afford to lose green space.

In June last year, the Corporation’s West Ham Park Committee approved plans to begin marketing the site to

invite developers to submit bids for further consideration. It is believed they will finally choose their development partner shortly.

West Ham Park is a charitable trust funded principally by the City of London Corporation, together with grants, trading income, donations, and sponsorship.

The Friends says they are considering the latest situation before deciding on their next move. They are appealing to local people for support, particularly from those with expertise in campaigns, marketing and media.



Timetable presented to Friends of West Ham Park by the City of London

A natural fit – the gym in the park

ALAN COOPER

Outdoor gyms mean that you can avoid the crowds in regular gyms and exercise in a green environment, surrounded by nature.

In a beautiful, quiet corner of West Ham Park, next to the cricket nets and the ornamental garden, surrounded by a hedge and high trees, is the outdoor gym. It’s free, there are no gym charges, and you can go there whenever the park is open.

The gym includes eight pieces of equipment with 13 stations designed and manufactured in the UK, and was installed by the Great Outdoor Gym company, Faversham. Costs were covered by the park with some financial help from Tesco’s Bags for Life fund.

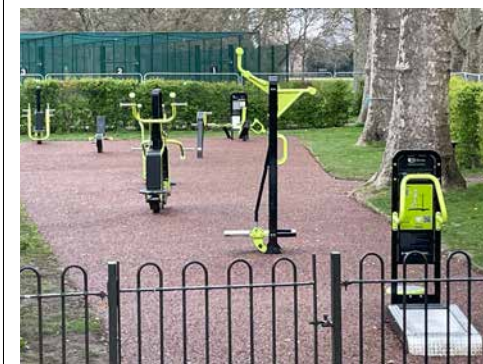
Each bit of gear has a QR code to show you how best to use it, but it’s pretty straightforward. Just the names can be a bit scary – leg press, chest press, the bench, treadmill, shoulder press, cross trainer, seated row, recumbent bike, hand bike, oblique pull up, assisted pull up and lat pull down!

Outdoor gyms, which have sprung up in many outdoor spaces, are a fantastic way to get some fresh air and a great workout without having to fork out for expensive memberships in sweaty, overcrowded indoor gyms.

It’s the perfect way to add something new to your workout regime. A cardiovascular session in the park would complement a park run nicely.

The result can be a dramatic improvement in your lifestyle by lowering blood pressure, reducing stress, helping you top up with vitamin D when the sun shines – and it will even help avoid insomnia so you get a good night’s sleep!

The gym can also help you in your regular workout and allow you to vary your regular training environment. It may offer the chance to train together with friends or family. Last but not least it will even put you in a better mood! ●



The West Ham Park outdoor gym

People unaware of tunnel pollution threat to health

YOUTH VOICES OF NEWHAM

In his second article for Newham Voices, Ibrahim Alom from School 21 in Stratford talked to parents and students about the Silvertown Tunnel and finds many are still oblivious to the dangers

The Silvertown Tunnel, a new trunk road under the River Thames that will connect the boroughs of Greenwich and Newham has a positive aim – to reduce the levels of traffic within the existing Blackwall Tunnel – but it will increase pollution.

Simon Pirani, a research fellow at the Oxford Institute for Energy Studies explained how that will happen: “The

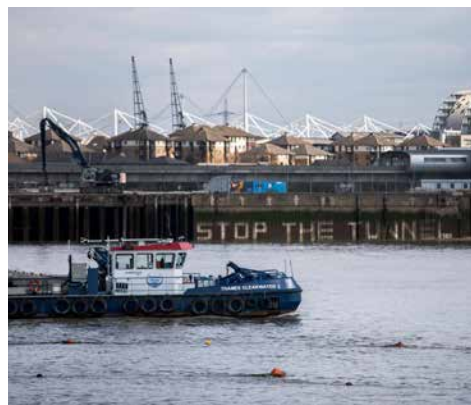


Photo courtesy www.stopsilvertowntn.com

project will lead to four more lanes of traffic, to put it simply, that means extra traffic and that equals extra pollution”.

This potential threat worries local communities.

A few parents I spoke to for Newham Voices were aware of the plans to build the Tunnel and expressed their concerns that the increased pollution might

put their children’s lives in danger.

But many people are not aware of the health risks and in some cases were not aware of the tunnel being built in the first place.

Similarly, some students who live in Newham were aware of the tunnel being built while the majority were totally oblivious.

A student who was aware of the construction made an obvious point. “I don’t understand the purpose of it being built because it ultimately increases pollution, so it goes against its own aim,” he said.

The “Stop the Silvertown Tunnel” group is working hard to inform local people but many are still in the dark. More needs to be done to spread the word and to encourage the people of Newham to be alert to the threats facing the environment and their health from the project. The only thing that is certain is that time is running out. ●



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Polio vaccine scare: are you well protected?

Newham residents are being urged to ensure their polio vaccines – particularly for children – are up to date after an outbreak of the virus was detected in sewage samples at the Beckton sewage treatment works.

A national incident was declared by the UK Health Security Agency in June after traces of the virus were found during a routine sewage check at Beckton, the largest sewage treatment centre in Europe.

The screening indicates that this polio strain is derived from the oral polio vaccine (OPV) which is still used in some parts of the world where countries use live, non-infective, non-virulent polio virus for their inoculations. In some cases this can evolve to become infectious.

There has been introduction and then transmission of one of these strains within London – though the exact cases have yet to be identified.

There is no immediate health risk say experts. It is normal for the virus to be picked up as isolated cases and not detected again, but concerns were raised after several genetically-linked viruses were found in samples taken earlier this year.

Most people are protected through vaccination in childhood, but in some communities with low vaccine coverage, individuals may remain at risk.

Newham Mayor Rokhsana Fiaz said

that while the risk is currently low, parents should ensure their children are fully immunised.

“Polio is one of the diseases that we routinely vaccinate children against and there have been no cases in the UK for many years,” she said.

To be fully protected people must have five doses of a polio-containing vaccine. All five doses are part of the NHS childhood vaccination schedule and provided for free. Children are given the polio vaccine when they are:

- 8, 12 and 16 weeks old as part of the 6-in-1 vaccine
- 3 years and 4 months old as part of the 4-in-1 (DTaP/IPV) pre-school booster
- 14 years old as part of the 3-in-1 (Td/IPV) teenage booster

“We know that some children missed out on vaccinations during the Covid 19 pandemic,” said the Mayor, “and we urge all residents to contact their GP if they or their children have missed any essential vaccinations.” ●



The art of recovery

Lorraine Tapper reports on the portraits that helped people get back on their feet after Covid

An eight-week E7 portrait project was delivered at The Gate Library recently with funding from the Westfield East Bank Creative Futures Fund and the Foundation for Future London and some of the best pictures are on display during July.

Amateur artists over 50 had the opportunity to hone their skills while painting unsung heroes who made a contribution to the Forest Gate community during the pandemic. The aim of the project was to boost Covid recovery in the community by tapping into the therapeutic benefits of art.

Some of the contributions to the Forest Gate community, all on a voluntary basis included tackling loneliness, reducing social isolation, organising a charity food stall at Woodgrange Market and delivering food parcels for people during lockdown.



Young prize winners help to create a smoke-free Borough

Three school children have won a poster competition to say ‘Thank you for not smoking’ to Newham residents.

As part of ‘No Smoking Day’ in March

Newham Council launched a competition for schools across the Borough to design posters with the theme ‘Thank you for not smoking’.

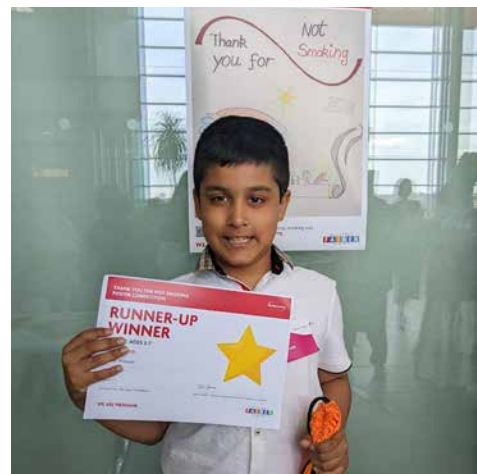
Entrants were asked to design posters

that best illustrated why stopping smoking is a good idea. Newham’s Young Health Champions chose three winners and three runners up from three categories.

Smoking remains the biggest cause of death and illness in Newham where almost 40,000 residents are smokers and the Council aims to make the area smoke-free by 2030.

Newham’s Stop Smoking Service lead, Shamsia Begum said: “It has been a joy to see the young people of Newham take an interest in helping combat smoking in the Borough.” She said Queen Mary University London currently offers a free stop-smoking service to Newham residents.

Winners and runners up were presented with certificates and prizes at Newham’s Clean Air Day event in June. The winning artwork will be displayed around the Borough this summer. ●



‘No Smoking Day’ poster competition runner-up (left) and winner (right).

Each week an inspirational sitter was interviewed by an artist from the class so that the artists could develop a deeper understanding of their subject. Each interview is written and displayed alongside the paintings.

The art classes also provided an opportunity for people to develop friendships, try new techniques which they integrated into their work, and it made a significant difference to good mental health.

The class has selected some of their favourite pieces which are displayed in the gallery for three weeks in July.

The Gate Library, 2-6 Woodgrange Road, London E17 0QH.

Opening Event: 7 July, 5.30pm to 7.30pm. Exhibition: 8 - 28 July

To contact tutor Eleanor Pearce: eleanorpearcefineart@gmail.com
www.eleanorpearce.co.uk

@eleanorpearce
@eleanorpearce

You can watch a video here about the class: <https://bit.ly/E7PortraitProject>

FUN, GAMES AND A JOY JULY IN STORE FOR NEW

Across the Borough there's a range of summer events and activities. Compiled by Neandra Etienne

Richard House Fair

The Richard House fair is a chance for the community to come together and celebrate 22 years of vital care. Over 300 families, donors, local businesses and stall holders will attend on the day. There will be a range of entertainment for adults and children, live music, delicious food stalls and a raffle. Entry 50p (free for children) Saturday 2 July, 12pm-4pm, Richard House Dr, E16 3RG

www.richardhouse.org.uk

Midsummer in the Garden

There will be a free family event in Abbey Gardens featuring gardening, crafts and games.

Everyone is encouraged to bring containers for watering (think old milk bottles and buckets, anything!), and a change of clothes - things could get wet and muddy!

Saturday 2 July, From 2pm, Abbey Gardens, Bakers Row, E15 3NF

@_abbeygardens

Play Street

This event is run by local volunteers. Willis Road will be closed so that everyone can enjoy the street party safely.

Sunday 3 July, 2pm-5pm, Willis Road, E15

@lovelondon15



Maryland, E15 JUMBLE TRAIL

Sunday, 3rd July 2022

SELLERS
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BUYERS
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Sellers tickets: £5

Eventbrite - Scan the QR code above or click on the link below
<https://www.eventbrite.co.uk/e/maryland-jumble-trail-tickets-342898547787>
You will also find a map of the Maryland boundaries.

Put £5 in an envelope with your name, address, contact tel. no & email address, and hand it in at KOTCH or Cart and Horses (a couple minutes walk from Maryland Station).
If you need any more information, please email: marylandtrail@gmail.com

All proceeds from ticket sales and sponsorship will be donated to a local charity

 1 Maryland Point E15 1PF	 49c Leytonstone Rd, E15 1JA	 8 Leytonstone Rd, E15 1SE	 55 Leytonstone Rd, E15 1JA
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Maryland Jumble Trail

Maryland Community is organising their first ever Jumble Trail. Residents in the Maryland area set up stalls in their front gardens and sell their bric-a-brac, toys, clothes and cakes.

Local businesses are sponsoring the event and all registered sellers will receive a 10 percent discount from Cart & Horses and Kotch Pizza Bar on the day.

Other local sponsors include JAYA and David Daniels. All proceeds from ticket sales and sponsorship will be donated to a charity chosen by local residents.

Simply follow the Jumble Trail map to find the resident sellers
Sunday 3 July, 11am-4pm

@marylandjumbletrail
www.eventbrite.co.uk/e/maryland-jumble-trail-tickets-342898547787

Artisan East

Their summer market has moved to a new venue in East Ham with accessible facilities.

There will be a range of handcrafted goods and treats including cakes and bakes and preserves.

Artisan East was set up by two local makers, to establish further trading opportunities for vintage and crafters in East London

Saturday 16 July, 12pm-4pm, St Bartholomew's Church, 292b Barking Road, E6 3BA

@artisaneast1

Open Stage Night

Stratford Youth Zone are inviting music producers, dancers, poets, singers and rappers aged 14+ to come to their Open Stage Night free event.

Sign up on the night to perform or go along to watch and show support to the performers

Friday 8 July, 6pm-8.30pm, Stratford Youth Zone, E15 1BX

@stratfordyouthzoneln

Eid Celebration

Beckton and Royal Docks Children's Centre invites you to join them for a family fun filled afternoon Eid celebration.

There will be a range of arts and crafts, and play activities. Please book in advance: 0207 474 0654

Thursday 14 July, 1.30pm-3pm, Beckton and Royal Docks Children's Centre, Tollgate Road, E6 5UP

@bard_cc

Summer Celebration

There will be live music, homemade refreshment and family activities at the Forest Gate Community garden summer event. Activities include: gardening, heritage workshop and seasonal plant stall.

Saturday 16 July, 12pm-2pm, 136 Earlham Grove, E7 9AS

www.fgcommunitygarden.org

Summer Garden Workshop

Loop Labs in association with E12 Garden are organising a series of gardening workshops across Newham led by grower and artist Joanna Pidcock.

Workshops are available to book on Eventbrite. Register for your free place at www.looplabs.org

Some of these workshops will be held in the E12 garden on Sundays 17 July and 31 July

From 11am-12pm. The garden is located on Manor Park Road, E12 5AT

www.e12garden.com





Red Door Studios
©Neandra Etienne

Youth Summer Programme

Young people aged 5-12 can make friends and have fun in a safe, friendly environment led by expert coaches at the Renewal Programme.

Activities include; bath bomb making, make and paint your own bag, basket weaving, up-cycling to make summer bunting, pottery making, learn to knit and crochet, cupcake decoration and sports.

Monday to Friday commencing 25 July for 2 weeks, 10am-2:30pm Free lunch provided
Venues: Essex Primary School, Sheridan Road, E12 6QX and Kensington Primary School, Kensington Avenue, Newham E12 6NN

For more information please contact:
youth@renewalprogramme.org.uk

Ensemble Festival

Certain Blacks Ensemble Festival is an explosive mix of music, art and performance.

This year's festival is part of the Certain Blacks Heroes Programme and will feature Timeless - Joli Vyann, Lives of Clay - Clay Connection, Daryl Beeton Productions and Mimbire - Look Mum no Hands, Tara Theatres - Final Farewell, Fatt Projects - Big Gay Disco Bike and Collectif, and Then - No Man's Land.

Saturday 23 July, 12pm-7pm, Western Gateway, Royal Victoria Dock, E16 1FA (Nearest DLR: Royal Victoria)

www.certainblacks.com
certain.blacks@gmail.com



Queens' Roar!

Green Street, with its vibrant culture and rich footballing heritage, is the inspiration for a series of cultural moments celebrating women, football and culture.



Summer in The Park,
Queen Elizabeth Park

These include a new contemporary dance performance by Chandenie Gobardhan that will pop up in Queens Square across the afternoon, a special anthem (available online) co-created with local schools and women from the area with poet and artist Tyreis Holder.

Saturday 23 July, Queens Square, Green Street E13 9BA

royaldocks.london/whats-on/



Queens' Roar! Photo via royaldocks.london

The Great Get Together

Mayor of London, Sadiq Khan will join local East Londoners in lighting an Anniversary Legacy Flame next to London Stadium on Friday 22 July to mark the tenth anniversary of the start of the Games. The Great Get Together, the Park's largest ever free annual community event, will take over the south of the Park and Stadium Island on Saturday 23 July.

On the main stage there will be performances from local UD Music's flagship group Flame Collective, up and coming BBC Introducing artists, a dance performance from the new Peaky Blinders Production, London School of Samba leading a performance and parade and lots more.

There will be dance workshops for all the family, street theatre, circus skills, storytelling from Discover Storytelling Centre, t-shirt making, flower design, face painting, roller skating, fun fair rides and more. You will also be able to get active and have a go at a range of

Olympic and Paralympic sports including cycling, track races and tennis.
Queen Elizabeth Park, South of the Park
queenelizabetholympicpark.co.uk

Birthday Fun Day

Local Charity the Magpie Project is celebrating five years of working with under-fives who are homeless or at risk of homelessness in Newham and the surrounding boroughs.

There will be an entertainment tent, music, crafts, stalls, tea, cake and a BBQ.

Saturday 23 July, 12pm-3pm, Forest Lane Lodge, Magpie Close, E7 9DE

You can book a free ticket on Eventbrite or pay a donation towards food and fun

eventbrite.co.uk/e/the-magpie-projects-fifth-birthday-family-funday-tickets-372863844797

Pop-up Café

Red Door Studios Café's free pop-up cafe opens on the last Saturday of the month.

Enjoy a tasty light lunch or choose from a selection of homemade 'East Edge Cake Club' cakes. Barista-made beverages will also be available.

There is music from two local DJs; Phil plays vintage 1930s to 1960s dance sounds (12pm-2.30pm) and Pete with a chilled mix of world sounds (2.30pm-5pm)

Saturday 30 July, 12pm-5pm, Red Door Studios, Rear of, 120 High St South, East Ham, E6 3RW

www.throughthereddoor.org

South Asian Heritage Month

From 18 July to 17 August there will be a celebration of the history, diversity and cultural values of people from South Asia who have made Newham their home. There will be a variety of free educational, arts and cultural events showcasing and celebrating South Asian food, literature and history. Once the full programme is finalised it will be available here:

newhamsouthasianheritage.org



Forest Gate Community Garden

Community energy coming to Newham

PATRICIA CALIXTO PIRES

Repowering London is working with Newham Council and researchers from University College London and Kings College London to create a new community energy group in Newham.

The aim of the project is to develop community-owned solar energy, drive action on climate change and create stronger community ties across the borough.

Six sites are being assessed across Newham to see if they are suitable for solar panel installations, including Stratford Library, East Ham Library, Beckton Globe Library, Winsor Primary School, Atherton Leisure Centre, and Newham Leisure Centre.

Additionally, a research project has been launched to work with local community groups and discover how the borough can benefit from community-owned solar and community-led energy.

How you can get involved

Repowering London is running free, educational and in-person workshops for local residents on a number of energy-related topics:

- **Solar Panel Making workshop:** in this workshop, people will learn the basics of solar technology, how solar panels work, and even how to generate electricity to charge their mobile phone. The workshop takes place on Saturday 2 July from 11am to 5pm, at Beckton Globe Library. Sign up here: eventbrite.co.uk/e/newham-solar-panel-making-workshop-tickets-367464936517

- **“Summer is for saving” Energy Advice workshop:** this workshop will be held on Saturday 30 July from 11am to 2pm, at Stratford Library. In this workshop, people will get tips and advice on how to save money on their bills. Sign up here: eventbrite.co.uk/e/summer-is-for-saving-energy-advice-workshop-tickets-367485146967

For more information or to register interest in this project, visit www.repowering.org.uk/newham, or contact Patricia at patricia.calixtopires@repowering.org.uk or 07862422913

Patricia Calixto Pires is Senior Project and Engagement Officer at Repowering London

People Panel: giving residents a chance to speak up

SHABIRA PAPAIN

Long-standing research tells us that listening to people most at risk and those who need public support will help create public services that are accessible for everyone.

People Street, a Newham based start-up tackling exclusion and inequalities, was set up to offer local people most at risk of exclusion a platform to learn about, engage and take part in shaping the services they use.

The organisation collaborates with charities, local authorities, businesses and the NHS to ensure under-represented voices are being heard.

In support of efforts to reach grassroots communities and under-represented groups the group has created the People Panel, a living and breathing network of people from all walks of life wanting to have a say



Shabira Papain (right) via Twitter

about the services they use.

Anyone who would like to join this collective voice can join the People Panel and get the opportunity to put themselves forward for research, consultation events or complete surveys. Those who do so will be reimbursed for their time in the form of shopping vouchers.

Further information on the People Panel website www.peoplestreet.net

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Or simply scan the QR Code

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Note: Our next issue goes to print on 28 July 2022

Windrush Day

Cockney Prince leads Stratford celebrations

NEANDRA ETIENNE

Mayor of Newham Rokhsana Fiaz, Councillor Charlene McLean and Chair of Council Councillor Winston Vaughan, attended the sold out Newham London Windrush Day celebration event, hosted by local comedian Quincy aka 'The Cockney Prince'.

There was something for everyone to enjoy. Children had fun learning activities including Caribbean Greeting Cards with Antonietta Torsiello, and face painting by NyGlorious Face Arts, while elders enjoyed playing dominoes with the Oldies Foundation.

Visitors were entertained with music by the Reggae Choir, Crystxl King, the steel band Pan Vibration and DJ Sleepz played classic Calypso music.

Visitors tucked into Caribbean food and Caribbean afternoon tea was served.

The Caribbean Marketplace offered a variety of different stalls selling educational books, games, natural beauty products and upcycled fashion and textiles.

During the event I co-ordinated a Sakafet London Caribbean Madras Fashion Show.

Sakafet London, who also had a stall at the marketplace, celebrates diversity



Sakafet London ©Neandra Etienne

while connecting British Caribbean people with their heritage.

While models danced on stage wearing handmade traditional creole outfits, Jennifer Laurent-Smart, founder of the clothing brand Sakafet London, gave a running commentary detailing the history behind the outfits being modelled.

Jennifer, who was born to parents of Dominican heritage, grew up and went to school in Newham. She was a parent governor and former member of the Newham Independent Race Advisory Group.

A Sakafet London traditional outfit was on display in John Lewis, Westfield Stratford for Black History month in 2021.



Jennifer Laurent-Smart from Sakafet London with her Dad ©Neandra Etienne

Poetry in Mind

YOU CALLED ... AND WE CAME.

You called...and we came.
In ships bigger than anything we had seen,
dwarfing our islands and covering them in the shadows of smoke and noise.
Crowded, excited voices filled the air,
traveling to the 'motherland'.
Driven by a wish, a call to save, to rebuild
and support efforts to establish 'health for all'
in the aftermath of war.

You called...and we came.
A new millennium – new hopes spread across this land.
New populations, engaging and reflecting
the varied, diverse and vibrant nature of these shores.
Challenging and reflecting on leadership for health.
Moves to melt the 'snow' at the peaks of our profession.
Recognising the richness of our kaleidoscope nation.
Where compassion, courage and diversity are reflected
In our presence and our contribution:
Not only the hopes and dreams of our ancestors.
Human values needed to truly lead change...and add value.
Remember... you called.
Remember... you called
You. Called.

Remember, it was us, who came.

An excerpt from a poem by **Professor Laura Serrant, OBE, PhD, Queens Nurse** which sits alongside the Windrush monument

Forest Gate children raise their voices for unveiling

JULIA OMARI

St Anthony's Catholic primary school in Forest Gate was one of a limited number of schools chosen to take part in this year's Windrush Day event at the Southbank Centre. The children sang on stage to commemorate the unveiling of a new permanent Windrush



©Julia Omari

Monument at Waterloo Station.

The Windrush Day unveiling was attended by Baroness Floella Benjamin, Baroness Doreen Lawrence OBE, Ainsley Harriott MBE, Wilfred Emmanuel-Jones MBE, Levi Roots as well as Windrush Pioneers Alfred Gardner and John Richards, who with the support of the Duke and Duchess of Cambridge and six young descendants of the Windrush Generation unveiled the statue created by Basil Watson.

The HMT Empire Windrush arrived at Tilbury Docks in 1948 carrying passengers from Jamaica, Bermuda, Mexico, Trinidad, British Guyana, Poland and other countries, including 119 British people who were returning home. ●



©Julia Omari

Targeted strategy for homes support

A new tailored approach to supported accommodation in Newham has been agreed by council leaders that aims to help people facing homelessness, whether they are rough sleepers or people dealing with complex issues arising from assisted care or immigration.

Residents living in supported accommodation will have access to bespoke support from the so-called Dynamic Purchase Vehicle, a mechanism that includes an approved list of providers through which the council can commission the care and support for residents who need it.

The council says the new system, which will operate for the next five years, will help ensure that accommodation where it is needed will be targeted to fit the needs of residents in different situations. ●

A family in good books!

JULIA OMARI

The old adage 'everyone has a book in them' is certainly proving true for one Newham family.

Mother Carla St-Omer and eldest daughter Emilia have each published their own book with original artwork and now her youngest daughter Olivia is planning to come to the party.

Carla, who had always enjoyed making handmade books to read to her daughters when they were younger, became motivated to create once more when she noticed that, after starting school, Emilia, who has dyslexia, was losing interest in reading and writing.

After watching 'how to' videos on YouTube, both Carla and Emilia started working on their own individual projects: *Olie Spring Is Coming* by Carla St-Omer and *Horrific Halloween: Warning before you read!* By Emilia St-Omer.

"The aim of the exercise was to serve as a confidence builder for Emilia," said Carla. "It really did bring her confidence up."

Carla, who now home-educates both girls, and Emilia have plans to publish again but this time with Olivia, who wants to add her own book to the family's growing self-published library. ●

SOMETHING'S BREWING

Phil Mellows meets a local independent brewer who decided to set up a business when his hobby got out of control

Pubs make a lot of fuss about Meet the Brewer events, giving their customers a rare chance to meet the men and women behind the beer they serve. At Husk Brewing's taproom in Silvertown, you can meet the brewer every time they open the shutters.

Thursday to Saturday, at the back of a modest industrial unit on the mezzanine floor above the brewhouse, you'll find Chris van der Vyver behind the rustic bar, pouring the beers he's made himself.

And alongside him, flipping some very special burgers, will be his wife, Marta. That's what you call a family business.

Originally from Pretoria in South Africa, they set up Husk in 2015 when Chris's home brewing was "getting out of control" and threatened to take over their flat in Stoke Newington.

"I've always loved beer and I'd worked in hospitality for 20 years before we decided to give it a go here in Docklands," he says.

The taproom has been a huge success since it opened after the first pandemic lockdown.

"A lot of pubs around here have closed, but people still need somewhere to go, and they like the idea of supporting a local brewery and drinking the beers on site."

Husk's 2.5 barrel set-up can brew only 700 pints at a time, but it gives Chris the flexibility he needs to experiment with a wide range of styles and flavours.

When I called, the taps on the beer wall at the back of the bar were pouring Dock Life, a pale ale made with Citra

and Azacca hops, a blackberry 'kettle sour' wheat beer called Lockdown, and Summer Vibes, a refreshing saison, or Belgian farmhouse beer, laced with ginger and juniper.

	ABV %	£
* DOCK LIFE PALE ALE	4.8	5.00
* LOCKDOWN SOUR BLACKBERRY KETTLE SOUR	4.5	5.60
* THREE SODS BREWERY SESSION IPA	4.8	5.60
* SIGNATURE LAGER	4.0	5.50
* LILLEY'S CIDER	4.8	5.40
* SUMMER VIBES SAISON	6.3	5.50

There were also three guests – a lager from Signature Brew in Walthamstow, a session IPA from Three Sods Brewery in Hackney, and Lilley's cider.

No cask ale here, but you can find Husk on handpump in east London pubs, including the Angel of Bow. You might also spot cans – filled and sealed by Chris one at a time by hand.

But a surprising 40 per cent of the firm's beers are sold through the taproom at weekends. No doubt the burgers give another reason for people to visit. They're made from rare-breed dry-aged beef mixed with bone marrow. South Africans care about their meat. ●



Chris van der Vyver

GARDEN TALK

Cecilia Cran discovers the joy a colourful hanging basket can bring to the smallest space



With my thumbnail of green space currently over flowing with all the flowers and vegetables I have (perhaps over-ambitiously) planted these last few months, I am now looking at other ways I can continue to green my home.

On my evening amble around the Borough, I have been passing a number of beautiful window boxes and also noticed some lovely, vibrant hanging baskets. Which got me thinking – even with my now non-existent garden space, hanging baskets are an excellent way to add some nature, colour and greenery to any area, however big or small.

What to grow:

As above, many people have started their summer hanging baskets already, but fear not, you still have time. Summer hanging baskets, if well cared for, can run until mid-end of September.

For starters, choose where you will be putting your hanging basket, consider where it will get sunlight and where you'll be able to easily feed, water and

dead-head the flowers. Once this is decided, choose the basket shape you want – all good gardening retailers stock reasonably priced baskets and basket lining. I suggest a simple, round metal basket, with coco coir lining.

Next, choose a peat-free compost and then you are on to the fun part – creating your unique design. There are some guides that say place one big plant in the middle of the basket and smaller ones around the outside, others that say choose a simple low-growing flower to add one consistent block of colour. I say break all the rules, go and explore what plants are in season, then choose whatever you feel looks good and reflects your home and personality. I had a number of snapdragon plants left over and have decided to plant those out this year, I've gone for a maximum colourful impact and an added bonus is that bees and butterflies seem to love them too!



Green escape: West Ham Park

For the keen-eyed readers of this column, you'll know that I've written about West Ham Park previously... despite promising myself not to repeat any of my green escape advice, I'm going to do just that. But trust me – this bears repeating –

As a quick re-cap, back in the late 1700s West Ham Park housed a grand mansion owned by Dr John Fothergill, a physician and keen botanist. He sought out thousands of rare plants from the UK and across the world and created a garden. After his death, the estate ultimately ended up in the hands of the City of London Corporation, who officially opened West Ham Park in 1874. The park has maintained Fothergill's love of plants and the gardens have gone from strength to strength. Specifically, the rose garden includes a permanent exhibition about the garden and its links with explorer Captain James Cook, which was opened by actor Alison Steadman in August 2021. In this glorious weather we've been enjoying lately, I like nothing more than to take a wander beneath the fabulous floral canopy of colourful roses – peaches, pinks, whites and reds, all with the most beautiful scents. It's a slice of green heaven, right here in Newham. ●



Photos courtesy Cecilia Cran

Boxing clever keeps men healthy in mind and body

To celebrate Men's Health Week 2022, the charity Fight for Peace recreated a photography project from last year spending time with some of their muay thai team in the scorching heat!

Led by photographer Lily May Bartley, Fight for Peace Academy boxers took to the Academy rooftop for portraits and to answer questions about men's health and their experiences so far.

The aim was to find out a little more about why sport is so important in their lives and to hear of their development in other areas.

KB, for example, has been boxing at Fight for Peace for about two months, and says his background in football, swimming and gym encouraged him to step out of his comfort zone and pick up a new craft.

"I like boxing because it's more of an art to me. It's very technical and I'm intrigued to learn more and get more experience," he said.

He's aware of the dangers of a lack of



motivation and had some wise words for anyone feeling isolated and under pressure. "Don't overthink," he says. "Life is short, and you can't please everyone. Whatever you are going through you can get out of. Just try and think positive and do the best you can and leave no regrets."

Teammate Jesse shares a similar outlook. Having taken up boxing just six weeks earlier he explained that

he is enjoying the process of learning and he touched on some of the benefits: "I've gained more discipline and more focus which helps other aspects of my life".

His mantra is to "never give up".

Another teammate, Happiness, echoes this idea. After two months of training in boxing he says: "Exercising helps with your mental state and that's a big reason I do it.

"If you're going through something, don't be afraid to speak. Try to get people to understand what you are going through".

Eugene also highlights a sense of freedom he feels while training: "It helps with my mood and the way that I feel, this is one of the main reasons I want to carry on training boxing. I'd like to go professional at some point in the future, so I am going to keep training 3-4 times a week."

Keep an eye out on the Fight for Peace Instagram, Twitter and LinkedIn profiles to see the photography project. ●



Good reads in Newham

The Newham Bookshop in Barking Road tells us these are the top sellers this month:

- **The Book of Form and Emptiness** (Winner of the Women's Prize)
By Ruth Ozeki
- **Murder Before Evensong** (signed copies)
By The Reverend Richard Coles
- **You Made a Fool of Death With Your Beauty**
By Akwaeke Emezi
- **The Lizzie and Belle Mysteries Drama and Danger**
By J.T. Williams
- **Hope on the Horizon** (signed copies, local author)
By Onjali Q. Raúf
- **Just like Grandpa Jazz**
By Tarah L. Gear

Compiled by David Ceen,
Newham Bookshop

Great Women Who Changed the World

JULIA OMARI

It's not often you get that dancing feeling, but seeing the play *Fantastically Great Women Who Changed the World* at Stratford East almost brought me to my feet. I loved it.

It is about a girl called Jade who gets lost in a museum while on a school trip. She went into an exhibition that wasn't yet open. Jade felt annoyed, angry and sad because no one realised that she was missing. She was lost, lost physically and lost spiritually. She needed help.

In the closed exhibition Jade finds amazing women in history and goes on a journey to find who she is, with their help.

Four actors play three to four different roles, including Mary Seacole, Agent Fifi, Jane Austen, Mary Anning and more. Another played Anne Frank.

The play has great songs. My favourite of ten songs was the opening number, called *Quiet Children*. I went to watch the school matinee which made the song, which was about naughty

school children, even funnier.

The songs were energising and made you want to get up and dance and you also got to see the musicians playing on stage.

The stage was vibrant with bright lights that beamed at you in different colours, and the costumes showed each woman's personality. My favourite was that of the artist Frida Kahlo, whose costume was designed to show what looked like wings.

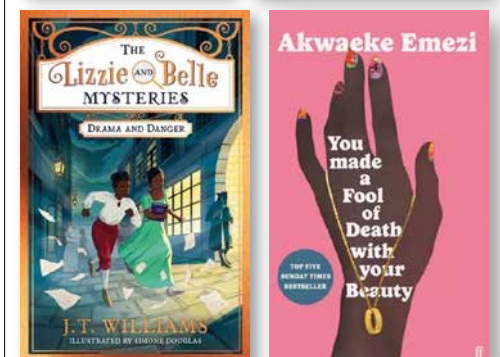
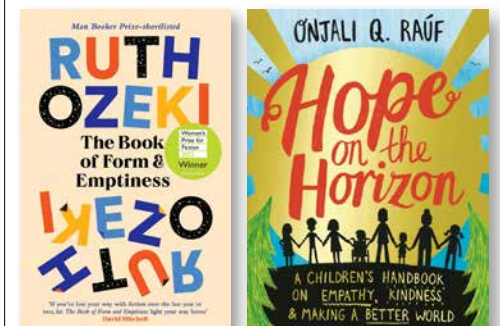
The play was laugh-out-loud funny, and also educational - I did know some stories but not all of their stories.

Those featured include Seacole - the black nurse who helped injured soldiers in the Crimean War in the 1850s; novelist Jane Austen; and Anne Frank the victim of Nazi persecution.

One of the things I really liked and enjoyed was seeing the all female cast and all female musicians.

I would recommend this play to all ages and especially to all females.

You can see the play from July 15-17.
www.stratfordeast.com/whats-on/all-shows/fantastically-great-women-who-changed-the-world



Newham Bookshop

newhambooks.co.uk
@NewhamBookshop

Art project cards will help mother and child charity

ROSEMARY LUCAS

Three amateur artists who took part in an art project organised by Eleanor Pearce for Newham Heritage Month last year have created a set of gift cards from their original artworks which depict scenes from the area past and present. They selected 12 images which have been printed and then packaged in attractive - and eco-friendly - Kraft brown boxes. The card sets are exclusively for sale at Number 8 Forest Gate Emporium, 8a Sebert Road,

right next to Woodgrange Market. All the proceeds from sales will go to The Magpie Project that provides support to mothers and young children.
themagpieproject.org



©Julia Omari

SPORTS SHORTS

Compiled by **Neandra Etienne**

Athletic Newham FC have announced that they will have a reserve team playing in the Essex Senior Reserve League, 2022/23 season. Athletic Newham U23 side will be holding an open trial day on Saturday 2 July

Contact the club via their Instagram if you would like to join them

📷 @athleticnewhamu23

The schedule for their pre-season friendly games is available on their social media.

📷 @athleticnewhamfc

Forest Crusaders WFC first team will be holding trials for their 22/23 season on 7 July, 7-8.30pm at the Forest Gate Community School.

If you are interested get in touch with them:

🐦 @CrusadersWFC

📷 @forestcrusaderswfc

Newham Swords Fencing Club will be holding a Summer Camp with coaches Pierre Harper and Linda Strachan who are Olympians and former British and Commonwealth Champions.

25 and 28 July, SportsDock, University of East London

For more information and to book a place, please visit:

www.newhamswords.org.uk

Former West Ham United player **Paul Konchesky** has been appointed manager of the women's first team. Paul takes over from Olli Harder.

West Ham United Women will play the following pre-season friendly games:

- Billericay Town FC, 23 July, 2pm New Lodge
- Enfield Town, 27 July, 7.45pm, Queen Elizabeth II Stadium

<https://www.whufc.com/news/west-ham-united-women-confirm-opening-pre-season-fixtures>



Ethel Scott, East End Pop-Up Exhibition
©Neandra Etienne

A small group from **The Wanstead Tap** are going to Cycle from East London to Dunwich to raise funds for the Clapton CFC ground rebuilding appeal.

It's 112 miles with an overnight.

16/17 July, From London Fields to Dunwich on the Suffolk Coast

📷 @thewansteadtap

Labour Party leader Sir Keir Starmer joined the **London Youth Rowing** for their Big Lunch at the Olympic Park. The aim of the event was to get young people from the local community active on the water.

www.londonyouthrowing.com

East End Women's Museum pop-up exhibition Ready, Set, Go! Newham Women in Sport took place at East Ham library for Newham Heritage Month 2022. (See photo)

The exhibition explored both historical and present-day Newham women in sport in photographs and stories.

eastendwomensmuseum.org

West Ham United player Ben Johnson, below, was named the first ever Mark Noble Young Hammer of the Year at the 2021/22 Player Awards, for a second consecutive campaign.

The Young Hammer of the Year Award was renamed in honour of 'Mr West Ham' Mark Noble in recognition of his contribution to the Hammers during his incredible 18-year career with the club.

www.whufc.com



Central Park FC are playing a pre-season friendly game against Upminster Barn FC.

17 July, Castle Green 3G Pitch, Gale Street, Dagenham, 2pm kick off

📷 @centralparkfc

🐦 @Central_ParkFC

ABB FIA Formula E World Championship returns to the capital with the London E-Prix, a double-header of races at ExCeL London.

There will be a return to full capacity grandstands. The race circuit is overlaid on the streets around, and even inside, the ExCeL London.

The London E-Prix is an all-day family-friendly event including the Formula E fan festival

East London Street Artist Mr Cenz applied his creative skills directly to a high-performance Formula E race car. He said: "I've painted lots of murals in the area over the years, so working with Formula E to celebrate the return



London E-Prix, Mr Cenz @Lou-Johnson

of the London E-Prix has been a huge passion project for me."

Saturday 30 July and Sunday 31 July, ExCeL London

fiaformulae.com/en/championship-race-calendar/2021-2022/london

The **Royal Docks Team** is hosting Queens' Roar! A free, fun one-day Football tournament (five-a-side) for Newham-based women and girls football teams.

There are free activities to get involved with on the side lines including: fun football coaching sessions for younger children, badge making workshops to design your own football emblem or a badge and photography 'booth' with local photographer Sylvie Belbouab, who will also be taking portraits of the teams on the day

Saturday 16 July, 10:30am-2:30pm, Beckton Park South

www.royaldocks.london

Football fans gathered to watch the record-breaking celebrity football match between England v Soccer Aid World XI at **Soccer Aid for UNICEF**, held at the London stadium that raised more than £15 million.

During half-time the crowd took part in a Mexican Wave and rehearsed the lyrics to Robbie Williams's song Angel.

Former West Ham Manager/Player Harry Redknapp was part of the England management team, which also featured 'Mr West Ham' Mark Noble.

The match went to penalties after the 2-2 full time result. Comic Lee Mack's penalty sealed the win for the World XI

Soccer Aid for UNICEF 2022 was officially a record-breaker, raising an incredible £15,673,728 - the most in Soccer Aid history! All the money raised will help UNICEF's work around the world, so that children everywhere can have the childhoods they deserve.

www.socceraid.org.uk



Mo Gilligan & Mark Noble ©UNICEF, Soccer Aid Productions, Stella Pictures

A1 Judo Club, the family run judo club, based in East Ham, will be running free park sessions during the summer holidays.

- 1-2pm Monday - Friday in 5 local Parks, 25 July - 26 August.
- Mondays - Plashet Park E6 1BT (meeting point: Bowls club)
- Tuesdays - Beckton District Park North E16 3SW (meeting point: playground)
- Wednesdays - Stratford Park E15 4DZ (meeting point: covered MUGA)
- Thursdays - Central Park E6 6ET (meeting point: park cafe)
- Fridays - Keir Hardie Rec E16 1GX (old changing rooms)

<https://www.ajudo.com>

Link for parents to book tinyurl.com/NewhamSummerYouthactivity



A1 Judo Club

The Royal Docks will play host to a spectacular finale celebration as the Round the **World Clipper Yacht Race** finish event will take place next to the Royal Albert Dock.

The event will feature a main stage with live music and entertainment, as well as food and drink

Saturday 30 July, 12pm-9pm, Dockside Lawns, E16 2QT

<https://www.royaldocks.london>



Typhoon Dragon Boat Club

Typhoon Dragon Boat Club is one of the top teams in London taking part in the British Dragon Boat Association League which has different events all around the country. Recently they came 2nd in the London Regatta event taking trophies in the Women/Men's 250m and Open 500m races with other teams participating from all over the UK.

The club is based at the London Regatta Centre in the Royal Docks in East London and has been operating for over 19 years. They train throughout the year with three sessions in the summer months and welcome any new members to the sport. There are two boats which can accommodate up to 20 people per boat.

www.typhoon-dbc.com

📷 youtu.be/admNBYojgjc

They're not robots. The Lions are the pride of England – it's time to get behind them



Sack Gareth Southgate? Are you kidding me? asks Mickey Ambrose

To be honest it was always going to happen. Yes, you could say the England team didn't show up for the game against Hungary, but, hey, now we can re-group and Gareth Southgate and his management team can take stock of the situation and correct it before the FIFA World Cup starts in Qatar.

The Three Lions suffered their heaviest home defeat since March 1928, the year sliced bread was invented by Otto Rohwedder. And Hungary did just that,

they easily sliced through England's shaky defence. England provided easy pickings for a Hungarian side that were, dare I say it, 'hungry' for the win. They wanted to impress and they wanted this victory more than England, it seemed.

I'm going to have to put these performances down to tired legs and fatigue after a heavy season. The players are human and not robots. And yes, we have been taking risks, experimenting with different players and new tactical



Mickey Ambrose

systems because we cannot rely on a one-dimensional strategy for the World Cup. If we do, the other teams will find us out. It won't be enough to just rely on record goal magnet and captain Harry Kane to score all our goals.

Southgate believes the Hungary defeat is a timely reminder not to take things for granted. As the late Jimmy Greaves would say, football is a funny old game. Nothing is certain and the games are unpredictable.

It's times like this when everyone thinks they know better than the manager, even if he took us to the brink of winning the European championships and a chance of our first major trophy since our victorious World Cup win in 1966.

How quickly the mood and times change, with some people now calling for Gareth to be sacked. Are you kidding me? He has brought the pride back into the lions. Let's get behind the team – Come On England. ●

Mickey Ambrose is a former Chelsea and Charlton player who lives in Stratford



Street Table Tennis comes to Newham

A new three-month project is giving Newham residents aged over 16 the chance to find opponents to play at any time in local parks, using the Street TT app.

Newham has partnered with StreetTT to bring their 'real world' table tennis experience to the Borough. The StreetTT app connects players in a worldwide street table tennis championship, allowing users to create a profile, participate in a global community and find people to play.

The app is free and open to everyone aged 16 and above and to those who wish to play casually or more competitively. Players can build ranking points, collect achievements and play in special tournaments or simply use the app to connect and play with friends.

Tables at Central Park, Hermit Road Recreation Ground and Royal Victoria Gardens all now have StreetTT stickers with QR codes directing users to download the app and get involved in the innovative new game.

The council recently partnered with Table Tennis England to install nine outdoor tables across six locations in Newham, as well as providing coaching sessions during school holidays.

The coaching sessions will take place at Central Park (3-4pm), Hermit Road Rec (Sundays 1-2pm) and Royal Victoria Gardens (Wednesdays 5-6pm) – all sessions are free. The project will run throughout the summer. Visit www.StreetTT.com for more information.

Community focus remains as Clapton CFC gets a new look

Clapton Community FC is getting a new look and will start the new season in style at the Old Spotted Dog ground in Upton Lane having settled an intellectual property dispute with Clapton Football Club.

CCFC, which is fully owned by its members, has been working hard to establish itself and to upgrade facilities at the Old Spotted Dog ground.

This settlement brings a degree of closure to long-running disputes with Clapton Football Club, a completely separate operation, which currently is based at Terence Mcmillan Stadium in Prince Regent Lane, Plaistow.

Clapton FC may have a stunning history, but that has not been matched by controversy and splits in the fan

base over recent years. The Chair Chris Ottaway resigned in April after only a year in post.

As part of the intellectual property settlement CCFC have agreed to some changes which will make it even more explicitly clear that they have never been connected to Clapton Football Club – they will update their club badge and home kit, so it doesn't incorporate red and white vertical stripes and they will also no longer be using 'the Tons' as a nickname.

Members will get the chance to choose a new logo and design for home kit.

Back on the pitch, a group of Clapton Community FC fans spent the weekend of the June bank holiday in Hamburg where they took part in the 11th Annual

Anti-racist Football Tournament hosted by the Fanladen at FC St. Pauli.

St Pauli, like CCFC, is a community-based team with a progressive reputation and they also have local rivals, the once-mighty Hamburg team HSV. Both play in the second tier of German football, Bundesliga 2.

In tune with their focus on community, diversity and local support, the 2022/23 pre-season kicks off at the end of June with two friendlies at the Old Spotted Dog Ground in Forest Gate as part of the Forest Gayte Pride Festival, in celebration of LGBTQIA+ Culture in Newham.

Clapton CFC men's first team pre-season friendly schedule is available on their website: claptoncfc.co.uk

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